## **ACADEMIC RESOURCES**

#### **TUTORING**

#### **Academic Success Center**

- Drop-in and appointment based tutoring for any
- Math Learning Center

#### SI Sessions

\*the above titles are hyperlinked in the digital CAD\*

**Study Hub** 

Chemistry

Learning

Labratory

Biology Help

 University Writing Center

### **ADVISING OPSA Website**

The OPSA medical page offers resources on preparing for medical school, including application timelines, advising appointments, workshop registration, and access to the Medical/Dental Portal for managing letters of evaluation. It also includes tips on prerequisites, MCAT prep, and building a competitive application.

> Assistant Director: rciomperlik@tamu.edu

Click to join the Listsery



## **MCAT QUESTION**

An audience member experiences sound of intensity I as an orchestra member plays a flute. If the audience member moves farther back so that the distance from the flute player is doubled, then I

- A. decrease by a factor of 4.
- B. decrease by a factor of 2.
- C. remain the same.
- D. increase by a factor of 2.

would:

Answer: A. I=P/A, where A is  $4\pi R^2$  since sound travels in circular wavefronts.

## **GET IN TOUCH!**

### **OFFICERS:**

#### <u>President</u>

Michelle Dickey mldickey@tamu.edu

#### **Vice President**

Elizabeth Ponder elizabethpond2004@tamu.edu

**FEEDBACK FORM:** 

#### Historian

David Coleman drc05@tamu.edu

#### <u>Treasurer</u>

Carson Luton carson\_luton@tamu.edu

#### Secretary

Lauren Carlisle lauren carlisle@tamu.edu

#### Technology Director

Rose Jaramillo rose.lizzy@tamu.edu

#### **Philanthropy Chair**

Ainsley Evans ainsley.evans@tamu.edu

#### **Membership Director**

Anushil Balaii Anushilb@tamu.edu

#### **Peer Mentorship Chair**

Alexander Rincon alexrincon@tamu.edu

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#### **Community Service Director**

Ryan Keener . Ryankeener321@tamu.edu

#### **Events Coordinator**

McKenzie Saathoff msaathoff23@tamu.edu

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## THE CADUCEUS

The Official Newsletter of the Texas A&M Pre-Medical Society

## WELCOME

Welcome to the Pre-Medical Society! We're so glad you're here, whether it's your first meeting or you've been with us before. This is your chance to get involved, meet people with the same goals, and learn more about the path to medicine. Don't be afraid to try new things and ask questions!



## **SPEAKER**

This week, we'll hear from Rachel Ciomperlik, who is the advisor for the Pre-Medical Society and works for the Professional School of Advising. She brings extensive experience guiding students through the pre-med journey and will be sharing insights on what it truly means to undertake the path to becoming a physician.

Email: rciomperlik@tamu.edu

## **UPCOMING EVENTS**

09		SEF	2025			
SUN	мом	TUE	WED	THU	FRI	SAT
	1	2 7PM: GENERAL MEETING	3	4	5	6 8AM-10AM FOOD BANK
7 10AM: BINGO BREAKFAST	В	9 7PM: WHITE COAT WAY	10	11	12	13
14	15	7PM: GENERAL MEETING	17	18	19	20
21	22	23 7PM: WHITE COAT WAY	24	25	26	27 8AM-10AM FOOD BANK
28	29	30 7PM: GENERAL MEETING				

For access to the Google calendar: Click\_HERE

## **GENERAL INFORMATION**

**MEMBERSHIP:** Interested in becoming a member? Fill out the Membership Form and pay dues (either on Flywire or to Carson) to have access to our Flare, volunteering, and point opportunities! The dues are \$60 per year or \$40 per semester, T Shirt included!

**POINTS:** Although points are not required to be a member, our top 20 members will get to go on our med school tour at the end of each semester! Points will be uploaded and viewed through Flare.



Pre-Med Meeting Attendence	3 points
Workshop Attendence	2 points
Wear Pre-Med Shirt to Meeting or Workshop	1 point
Social Event Attendence	3 points
1 Hour of Group Volunteering	2 points
1 Hour of Individual Volunteering	1 point
Attend Mentor/Mentee Session	1 point
Repost Pre-Medical Society Post	0.5 points
Intramural Game Attendence	2 points



**FLARE:** FLARE is the app we use to communicate and track points in Pre-Med Society. To request points, go to the Pre-Med Society page, click the three dots in the top right corner, then select "View Points." From there, click the "+" icon in the top right corner to submit your request. Don't forget to upload a picture for proof—no photo means no points!

**VOLUNTEERING:** We have a TON of amazing volunteer opportunities this year! Click <u>this link</u> to view the amazing opportunities and make sure to check the Flare for updates.

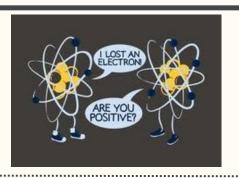


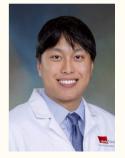
		3	2		
2		4		<b>—</b>	
3			1		
		1			6
	3		4		1
		2	3		

## **SPOTLIGHTS**









Instagram: @tristanxnguyen School: UTMB School of Medicine Class: 2027

# MATRICULATED ALUMNI: TRISTAN NGUYEN

My time in the Pre-Med Society was crucial in honing my leadership and interpersonal skills, and it also gave me some really memorable experiences with friends. The relationships I was able to build with doctors and the diverse volunteering opportunities I had through the club strengthened my med school application and solidified my commitment to a career in medicine.

## TOPIC OF THE WEEK: RESEARCH

Research can be a great experience for pre-meds, but don't just do it to check a box. It's a big commitment and often means spending long hours in the lab, so make sure you pick something you're actually interested in. Even if research doesn't sound like your thing, you won't really know until you try. It's also a great way to build strong relationships with mentors and potentially earn a strong letter of recommendation. Med schools will expect you to clearly explain what you're doing in the lab and why it matters, so make it a meaningful experience. You can find research opportunities by asking peers who are already in labs, talking to professors about their work, or checking out the LAUNCH undergraduate research page. Schools like Texas A&M, UH, Baylor, and UT also offer Summer Undergraduate Research Programs (SURPs) that include a stipend to do research over the summer.





Type the word "research" in the extra point opportunity in the Flare for a point!